

OPEN GYMNASIUM



January 2025

The gymnasium is for Fitness Center Members during the times listed below.
To access the gymnasium, check in at the Front Desk and enter through the Fitness Center.

Schedule will be posted last Tuesday of every month
(Gymnasium schedule will change month to month)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|---|--|
| DECEMBER 29 7:00 am – 7:00 pm | DECEMBER 30 7:00 am – 9:00 am 3:00 pm – 10:00 pm | DECEMBER 31 7:00 am – 9:00 am | JANUARY 1 7:00 am – 3:00 pm | DECEMBER 30 7:00 am – 9:00 am 3:00 pm – 10:00 pm | DECEMBER 30 7:00 am – 9:00 am 3:00 pm – 10:00 pm | JANUARY 4 7:00 am – 7:00 pm |
| JANUARY 5 7:00 am – 7:00 pm | JANUARY 6 5:30 am – 3:00 pm | JANUARY 7 5:30 am – 3:00 pm 6:30 pm – 10:00 pm | JANUARY 8 5:30 am – 2:30 pm | JANUARY 9 5:30 am – 9:00 am 12:00 pm – 3:00 pm | JANUARY 10 5:30 am – 3:00 pm 5:30 pm – 10:00 pm | JANUARY 11 7:00 am – 7:00 pm |
| JANUARY 12 7:00 am – 7:00 pm | JANUARY 13 5:30 am – 3:00 pm | JANUARY 14 5:30 am – 3:00 pm 6:30 pm – 10:00 pm | JANUARY 15 5:30 am – 2:30 pm | JANUARY 16 5:30 am – 9:00 am 12:00 pm – 3:00 pm | JANUARY 17 5:30 am – 3:00 pm 5:30 pm – 10:00 pm | JANUARY 18 5:00 pm – 7:00 pm |
| JANUARY 19 7:00 am – 10:30 am 4:00 pm – 7:00 pm | JANUARY 20 5:30 am – 3:30 pm | JANUARY 21 5:30 am – 3:00 pm 6:30 pm – 10:00 pm | JANUARY 22 5:30 am – 2:30 pm | JANUARY 23 5:30 am – 9:00 am 12:00 pm – 3:00 pm | JANUARY 24 5:30 am – 3:00 pm 5:30 pm – 10:00 pm | JANUARY 25 5:00 pm – 7:00 pm |
| JANUARY 26 7:00 am – 10:30 am 4:00 pm – 7:00 pm | JANUARY 27 5:30 am – 3:00 pm | JANUARY 28 5:30 am – 3:00 pm 6:30 pm – 10:00 pm | JANUARY 29 5:30 am – 2:30 pm | JANUARY 30 5:30 am – 9:00 am 12:00 pm – 3:00 pm | JANUARY 31 5:30 am – 3:00 pm 5:30 pm – 10:00 pm | FEBRUARY 1 5:00 pm – 7:00 pm |